



### Competitors' Code of Conduct

Please use sportsman like attitudes towards:

1. **Teammates:** Encourage and support all teammates and all competitors at practices and swim meets. Put downs and inappropriate language or behaviour will not be tolerated.
2. **Facility & Equipment:** Treat with care. You are responsible for the condition of the pool facility and equipment. You will be held accountable for any misuse and/or destruction of property.
3. **Officials:** always use appropriate language and in all situations. Official's judgements are final, and protests are to be handled by the coaching staff. Polite and respectful manners are to be used at marshalling and towards all deck officials.
4. **Coaches:** Use appropriate language before, during and after practices. Arguing and talking back to the coaches will not be tolerated. Issues of concern or importance will be accepted and should be brought to the attention of the coaching staff after the practice has been completed.
5. **Behavior:** Accept responsibility for your actions and behaviour.

### Parents' Code of Conduct

1. Your child participates in club activities for his/her enjoyment only.
2. Encourage your child to compete by the rules and to resolve conflict without resorting to hostility or violence.
3. Teach your child that doing one's best is as important as winning. Offer praise for competing fairly and giving a good effort.
4. Do not yell at or ridicule any child at any time, whether at practice or competition.
5. Children learn best by example. Cheer performances of all competitors at a competition.
6. Do not force your child to practice or attend competitions if they are not ready or willing.
7. Respect and support all coaches and volunteers involved in coaching and running various aspects of the swim club.
8. Respect the officials at competitions, as they are all volunteers and are doing their best to give your child a good and fair experience.
9. Maintain self control and always support a positive atmosphere.

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I have read and agree to abide by the Competitors' Code of Conduct

Name of swimmer: \_\_\_\_\_ Date: \_\_\_\_\_

I have read and agree to abide by the Parents' Code of Conduct

Name of swimmer: \_\_\_\_\_ Date: \_\_\_\_\_