



## YOUTH SUMMER SWIM TEAM

### Session # 1

#### Sunday 9-11am

**Oct** 3, 10, 17, 24, 31

**Nov** 7, 14, 21, 28

**Dec** 5, 12

\* Fun Meet on Sunday Dec 12 and a swim-a-thon on Sunday Nov 14

#### Thursday 6-7pm

**Oct** 7, 14, 21, 28

**Nov** 4, 18, 25

**Dec** 2, 9

\* Fun Meet on Sunday Dec 12 and a swim-a-thon on Sunday Nov 14

### Session # 2

#### Sunday 9-11am

**Jan** 9, 16, 23, 30

**Feb** 6, 13, 20, 27

**Mar** 6, 27

**Apr** 3, 10, 17

\* Fun Meet on Sunday April 17 and a bottle drive Saturday March 26

#### Thursday 6-7pm

**Jan** 6, 13, 20, 27

**Feb** 3, 10, 17, 24

**Mar** 3, 31

**Apr** 7, 14,

\* Fun Meet on Sunday April 17 and a bottle drive Saturday March 26

### Costs

#### 1 hour/week

**Breaker Beginners\*\* (Novice), Juniors, Intermediates, or Seniors**  
Thursdays 6-7pm or  
Sundays 9-10am or 10-11am

**Session #1**  
\$60.00\*

**Session #2**  
\$77.00\*

**Session #1&2**  
\$137.00\*

#### 1 ½ hour/week

**Juniors, Intermediates, or Seniors**  
Sunday only 9-10:30am

**Session#1**  
\$80.00\*

**Session #2**  
\$104.00\*

**Session #1&2**  
\$184.00\*

#### 2 hours/week

**Breakers Beginners\*\* (Novice), Junior**  
1 hour Thursday 6-7pm and  
1 hour Sunday 9-10 or 10-11am

**Session #1**  
\$100.00\*

**Session #2**  
\$130.00\*

**Session #1&2**  
\$230.00\*

#### 2 hours/week

**Intermediate, or Seniors**  
1 hour Thursday 6-7pm and 1 hour Sunday 9-10  
or Sunday 9-11am

\$100.00\*

\$130.00\*

\$230.00\*

#### Pre-Breakers\*\*\* (ages 3-6)

Sunday only 10:30-11am

\$50.00\*

\$70.00\*

\$120.00\*

\* Plus insurance \$23.00 unless already insured as of May 1, 2010

\* Plus \$50.00 per family fundraising cheque per session dated;

Oct 3, 2010 (swim-a-thon on Sunday Nov 14, 2010) and

Jan 6, 2011 (bottledrive on Saturday March 26, 2011)

Cheques not cashed when at least 1 adult & 1 child per family participate

Pre- Breaker only families are exempt from fundraising and the Fun Meets

\*\* Must be able to swim 25m unassisted, coaches evaluation required

\*\*\*Must be out of diapers and can comfortably put face in water and coaches evaluation required

**ASK ABOUT OUR SWIM/GYM PROGRAM IN CONJUNCTION WITH  
DUNCAN DYNAMICS**